

[Test]:Promote health and wellness

From Aktion Club <aktionclub@marketing.kiwanis.org>

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LEADERSHIP CORNER

Administrators, here's an important update to share with your clubs and advisors: Kiwanis International is putting a pause on the submission of monthly reports for the 2025-26 service year. Clubs are not currently able to view the monthly report forms in the new Kiwanis Engage platform, so they won't be held responsible for submitting reports during this time. Kiwanis International staff are reviewing questions asked in the reports and will share information about new forms near the beginning of 2026-27.

Register now to participate in the next [Aktion Club District Administrator Chat: Roundtable conversation](#) on Wednesday, May 13, 7-8 p.m. ET. Bring an idea, a challenge or a story to share with

other administrators. We'll also share information about 2025-26 awards and contests — including this year's new contest themes!



PROMOTE HEALTH AND WELLNESS

One way your Aktion Club can positively change your community is by helping people achieve better physical, mental, emotional or social well-being. Take up the challenge to create a health-and-wellness service project this spring or summer!

Here are examples of projects to get your club started with brainstorming:

- Hold a walk-a-thon fundraiser to benefit the local parks department, Special Olympics, children's research hospital or other wellness causes.
- Host a dance party for seniors in your community.
- Create and distribute flyers with mental health tips and information.
- Recruit a nutritionist and/or chef for an Aktion Club-sponsored information session at a local park or school.

- Organize a healthy snacks food drive to donate to a Boys and Girls Club or food pantry.
- Create a fitness challenge for a residential facility with positive posters and a way for residents to track accomplishments.

Whatever your club chooses to do, know that you can help people lead happier lives and help your community thrive.



REGISTER: MAY 20 AWARDS ADVISOR CHAT

Would you like your members to participate in this year's awards and contests? If the answer is yes, mark your calendar for May 20 at 7 p.m. ET and register for the [Aktion Club Advisor Chat: Get ready for awards](#). We'll review what the club needs to do to qualify for the Distinguished Club, Honor Club and the Single Service Project awards. Then we'll share this year's new contest themes and discuss what winning entries look like in the poster, speech, video and scrapbook contests.

REGISTER NOW

AKTION CLUB'S 8TH "DIAPER DUMP" DAY

Aktion Club of Highlands County is inspired to help babies! Learn about the club's partnership with a local women's club and the results of its 8th annual fundraising and donation drive for diapers and wipes.

[READ MORE](#)



We're growing our family one club at a time! We're pleased to welcome this newly chartered Aktion Club:

- Beyond Basic Life Skills, Summerville, South Carolina, U.S., Carolinas District

UPCOMING EVENTS

MAY

13: [District Administrator Chat: Roundtable conversation](#),
Wednesday 7-8 p.m. ET

20: [Advisor Chat: Get ready for awards](#), Wednesday, 7-8 p.m. ET

25: Kiwanis International Office (Indianapolis, Indiana, U.S.)
closed.

Connect with us!

#AktionClub



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